Philmont Gear Selection

External Backpacks

* 4000 cu in rec by Philmont
* Load can ride high and grow
* Bulky items can be strapped on
* But such items can be exposed
* Quick access
* Balance can be compromised
* Less selection now available

Internal Frame Backpack

* 4800 cu in rec by Philmont
* Load closer to body for good balance
* Limited ability to strap stuff on
* More selection and better fit
* Many come with or ready for water bladders
* Ready made sleeping bag compartment

Pack cover

* Recommended
* Serves to keep back dry
* Use to keep it clean
* Trash bags not durable

Tent

Philmont

* + No cost
  + Fairly lightweight
  + Usually smelly
  + Narrow
  + Not free standing
  + Require a minimum of 12 stakes

Personal

* + Can be expensive
  + Can be lightweight
  + Can be free standing
  + Can be smelly

Sleeping bag

* Lightweight
* Enough fill to keep you warm
* Philmont nighttime temps 30-50
* Synthetic vs. Down
* Pack in plastic bag in stuff bag /pack compartment

Sleeping pad

* Closed Foam
* Self inflating—light weight

Pillow

* Small and compressible
* Make your own
* Totally optional

Hiking boots

* Fit well
* Break them in wearing the socks you’ll wear
* Wear good socks
* Consider liners
* Take care of hotspots and blisters
* Consider waterproof
* Hightop vs. Lowtop

Camp shoes

* Optional
* Give feet a break
* Air out boots
* Light weight
* Closed toe

Mess kit

* Bowl and Spoon minimum
* Cup optional for hot cocoa or Gatorade
* Advisors need a cup for Advisor Coffee
* Fork/knife/plate not needed
* Packable and easy to clean

Water

* Nalgeen-type bottle
* Bladder
* Pouch
* Crew water jugs

Rain gear

* Lightweight
* Breathable—no PVC
* No ponchos
* Top vs. Top & Bottoms

Clothing—outer layer

* Fleece jacket
* Lightweight synthetic pullover
* Use your rain jacket as a shell
* Sweater
* No cotton hoodies

Clothing—tops

* Pullover shirt—cotton or synthetic
* Button up outdoor shirt
* Under Amour
* Long vs. short sleeved

Clothing—bottoms

* Shorts vs. Pants
* Convertables
* Need to have one pair of pants
* No jeans
* Cargo pockets

Clothing—underwear

* How many? 1 pair a day or every other day
* Comfortable
* Make sure you have hiked in them
* Thermals not necessary

Clothing—socks

* Wool or Synthetic or blend
* No cotton
* Sock liners
* Give them a trial run
* How many? 3-4 with 2-3 sock liners

Clothing—sleep gear

* Separate set of sleep clothes
* Briefs vs. P.J.s vs. thermals
* Sleep hat
* Sleep socks

Clothing—hat

* Not a must but very helpful
* Sun protection
* Helps with hiker’s hair
* Full brim vs. cap

Personal bear bag

* For Bear bag items
* Gallon size heavy weight Ziploc

Hygiene items

* Tooth brush
* Personal toothpaste
* Towel
* Optional comb
* You will use Crew Camp Soap
* No deodorant or antiperspirant or cologne

10 Essentials

1. Map & Compass
2. Flashlight
3. Water bottle
4. Extra food
5. Extra clothes
6. Rain gear
7. Sun protection
8. Matches and fire starter
9. Pocket knife
10. First aid kit

Philmont map

* Two needed: one set for Crew Leader and navigator, one set for the Advisor

One Philmont Map is issued, but it is best to get the Philmont sectional maps covering the area of your trek: north, south, and Valle Vidal.

* For personal use

Flashlight

* One with fresh batteries
* Lightweight
* Headlamp vs. hand light vs. lantern
* LED vs. Halogen vs. bulb

Compass

* Two needed: one for the Scouts and one for the Advisors
* Can bring one for practical use/learning
* Liquid filled orienteering style

GPS/Spot

* New trail signs have UTM coordinates
* Having a GPS is not a primary source of navigation
* GPS useful for information
* Spot is discouraged

Extra Food

* You will have plenty of food
* There are plenty of opportunities for extra food: swap boxes, leftovers, trades, commissaries

Water bottle and Rain gear

* These have been addressed

Extra Clothing

* You are carrying it

Sun protection

* Hat
* Sunglasses
* Sunscreen
* Lip balm
* Long sleeve and long pants

Matches and Fire starter

* One set with the Crew Leader
* Likelihood of a campsite campfire is low
* Not permitted in 2011 because of extreme fire danger—everywhere
* Matches vs. striker vs. lighter

Pocket Knife

* Avoid the weight
* Make it practical
* Rangers discourage multiple knives
* One Pocket Tool (Leatherman type) per Crew

First Aid kit

* Everyone should have a personal one
* Limited items: Band Aids mostly
* One complete Crew first aid kit—The Wilderness First Aid Trained crew member should be responsible for this

Other items—optional

* Camera--batteries, plastic sandwich bag for dust protection, carrying case
* Binoculars
* Cards and travel games
* Watch—the crew leader must have one
* Pad and pencil/pen—the crew leader must have one
* Chair
* Repair kit—tape, needle & thread, patches
* Whistle
* Money—20 $1 bills
* Bandana/Handkerchief—should take at least 1
* Books or field manuals
* Lightweight daypack

Goal: Lightweight

* Take only what you will need and use
* Reduce weight and volume
* Avoid use duplication